IVP Patient Information and Preparation

Your physician has requested that you have an IVP examination.

Your appointment: __________ at __________
(date) (time)

- **You must have your physician order with you when you come for your IVP examination.**
- **Women who are pregnant, or suspect they may be pregnant, should not have an IVP without consulting their physician.**
- **A BUN/Creatinine lab test must be performed on all patients over 60 years of age within 6 weeks prior to an IVP exam.**

Question about your medical history including current medications and allergy information will be asked on the day of the exam. Please bring a list of medications with you on the day of your exam.

**What is an INTRAVENOUS PYELOGRAM (“IVP”) examination?**

An IVP examination uses a combination of x-rays and an IV injection of contrast media to view your kidneys, ureters (the tubes that connect each kidney to the bladder) and urinary bladder.

**How do I prepare for my IVP examination?**

Wear loose, comfortable clothing. You must not eat or drink anything after midnight the night before the exam. You may take any regular, daily medication with a small amount of water. The success of your exam depends on you. It may be necessary to cancel the test if instructions are not follow precisely. Immediately prior to the exam, you are encouraged to go to the bathroom. You will be asked to change into a gown and robe and to bring your clothing and all belongings into the x-ray room with you.

**IMPORTANT INFORMATION FOR PATIENTS OVER AGE 60:** BUN/Creatinine lab tests must be performed on **all** patients over 60 years of age within 6 weeks prior to the exam. This is due to the injection of the contrast media. If you have not had your BUN/Creatinine lab test, it is best if you come to the hospital the day before the IVP exam with a lab order for this test. If it must be done on the same day as the IVP, you will need to arrive 1 hour before your appointment time to register and then report to the Outpatient Laboratory for your BUN/Creatinine lab test.

**What can I expect during the IVP examination?**

A registered radiologic technologist will perform your exam under the supervision of a radiologist (M.D.). The technologist will explain the procedure in detail. During the exam you will be asked to lie on the x-ray exam table. You will be given an intravenous (IV) injection of contrast media. It may make you feel warm or give you a strange taste in your mouth. This will pass soon. The technologist will take x-rays during the procedure at timed intervals determined by the radiologist (M.D.). Each exam is different; however, most exams take approximately 60 minutes.

**What kind of effects will the IVP examination have on me?**

There are no ill effects. You may resume normal activity immediately after your exam.

**How do I find out the results of my IVP examination?**

Your exam results will be reviewed by a radiologist who will send a report to your physician. The physician who ordered this test will give you the results.