

FAUQUIER HEALTH

THE BISTRO ON THE HILL

Monday- Start your week healthy!

Soup: Garden vegetable

Chefs table: Caprese chicken breast, tortellini pasta salad, side salad with tomato & mozzarella, seasoned broccoli

Grill: Grilled Mediterranean steak, hummus & vegetable wrap

Tuesday- International bites

Soup: Chicken tortilla

Chefs table: Beef barbacoa, cilantro lime rice, spiced corn & seasoned blacked beans

Grill: falafel & fries

Wednesday- Build it your way!

Soup: Minestrone

Chefs table: Pasta Bar

Grill: Grilled bratwurst with peppers & onions

Thursday- Comfort Food

Soup: Broccoli & Cheese

Chefs table: BBQ chicken thighs, mac & cheese, country style green beans, cornbread

Grill: Traditional Reuben

Friday- Casual

Soup: Chicken noodle

Chefs table: Salisbury steak, mashed potatoes, buttered peas, dinner roll

Grill: Buffalo chicken cheesesteak with peppers & onions