

FAUQUIER  HOSPITAL
MEDICAL IMAGING DEPARTMENT
www.fauquierhealth.org
Questions? Call 540-316-4500

HSG Patient Information and Preparation

Your physician has requested that you have a HSG examination.

Your appointment: _____ at _____
(date) (time)

- *You **must** have your physician order with you when you come for your HSG examination.*
- *Women who are pregnant, or suspect they may be pregnant, should not have an HSG examination without consulting their physician.*

Questions about your medical history, including current medications and allergy information will be asked on the day of the exam. Please have a list of medications with you on the day of your exam.

What is a HYSTEROSALPINGOGRAM (“HSG”) examination?

An HSG examination is an x-ray of the inside of your fallopian tubes and uterus used to help find out why you are not becoming pregnant. A radiologist will inject contrast media into your uterus. Images will be taken as the contrast media flows through your uterus and into the fallopian tubes.

How do I prepare for my HSG examination?

Wear loose, comfortable clothing. We encourage you to go to the bathroom before your test. An HSG exam is done between days 7 and 10 of your menstrual cycle. You should abstain from unprotected sexual intercourse during this menstrual cycle until after the HSG exam. Should you have unprotected intercourse, a pregnancy test will be required. It is best if you come to the hospital the day before the exam with a lab order for a pregnancy test if necessary. It is extremely important to abstain from sexual intercourse following the pregnancy test. If a pregnancy test is needed on the same day as the HSG, you will need to arrive an hour before your appointment time. You will be asked to change into a gown and to bring your clothing and all other belongings into the x-ray room with you.

What can I expect during the HSG examination?

A radiologist (M.D.) performs the exam with the assistance of a registered radiologic technologist. During the exam you will lie on a table with your knees bent. The radiologist will explain the procedure. A speculum will be inserted into the vagina and a thin tube inserted through the cervix. The contrast media will be injected into the uterus. You may feel some pressure and cramping; for most women it is minimal. Each HSG exam is different; however, you should expect to be in the Medical Imaging Department for approximately 60 minutes.

What kind of effects will the HSG exam have on me?

There are no serious side effects, although you may experience some bloody discharge following the exam for the remainder of the day. You may resume your normal activity level as soon as you feel able.

How do I find out the results of my HSG examination?

Your HSG exam results will be reviewed by a radiologist. The radiologist will send a report to your physician. The physician who ordered the test will give you the results of the exam.