

**FAUQUIER  HOSPITAL**  
**MEDICAL IMAGING DEPARTMENT**  
**[www.fauquierhealth.org](http://www.fauquierhealth.org)**  
**Questions? Call 540-316-4500**

**Arthrogram Patient Information And Preparation**

Your physician has requested that you have an arthrogram.

Your appointment: \_\_\_\_\_ at \_\_\_\_\_  
(date) (time)

- *You **must** have your physician order with you when you come for your arthrogram.*
- *Women who are pregnant, or suspect they may be pregnant, should not have an arthrogram without consulting their physician.*

Questions about your medical history, including current medications and allergy information will be asked on the day of the exam. Please bring a list of your medications on the day of your exam.

**What is an ARTHROGRAM examination?**

An arthrogram uses a combination of x-rays and injected contrast media to see different areas within your joint. Most arthrograms also use MRI to better visualize the area.

**How do I prepare for my ARTHROGRAM examination?**

Wear loose, comfortable clothing. We encourage you to go to the bathroom before your test. You will be asked to change into a gown and to bring your clothing and all other belongings into the x-ray room with you.

**What can I expect during the ARTHROGRAM examination?**

A radiologist (M.D.) performs the exam with the assistance of a registered radiologic technologist. The radiologist will explain the procedure to you in detail.

During the exam you will be asked to lie on the x-ray exam table. The technologist may take preliminary x-rays before the exam begins. An injection of contrast media will be placed in the joint. The radiologist will take x-rays during the procedure and the technologist may take more after the radiologist has finished. You may be taken to MRI if additional imaging is required. Each arthrogram exam is different; however, most exams take approximately 60 minutes.

**What kind of effects will the ARTHROGRAM examination have on me?**

There are no ill effects. You may resume normal activity immediately after your exam.

**How do I find out the results of my ARTHROGRAM examination?**

Your exam results will be reviewed by the radiologist who will send a report to your physician. The physician who ordered your test will give you the results.